

A mountain biker wearing a white and orange POC helmet, a black t-shirt, and black shorts is riding a black mountain bike on a dirt trail. The rider is leaning forward in a racing position. The background is a dense forest with green foliage. The text "Thomas Winter" is overlaid in white, and "HOW WILL I MAKE IT" is overlaid in red below it.

Thomas Winter

HOW WILL I MAKE IT

Stephan Marfell
Photography

As my presentation was spoken I have put the speaker notes on slides below. And some have graphs so just flick through.

Morning/afternoon boys

Today I will be explaining what it means to be an elite/professional athlete.

I will also be talking about how i'm going to get there and what steps I am taking to achieve the dream of making it in to this profession

A full-page photograph of a mountain biker in a black jersey and helmet, riding down a rocky, forested trail. The biker is wearing a black jersey with white and blue accents, blue shorts, and a black helmet. The bike is orange and black. The trail is rocky and surrounded by dense green foliage. The text "WHAT IS AN 'ELITE' ATHLETE" is overlaid in white, bold, sans-serif font across the middle of the image.

WHAT IS AN "ELITE" ATHLETE

High performance sport or **elite sport** is **sport** at the highest level of competition. In **sports administration** "high performance sport", where the emphasis is on winning prestigious competitions, is distinguished from "mass sport" or "**recreational** sport", where the emphasis is on attracting the maximum number of participants.

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But I think it is more than that. In writing my report I found that it is a lifestyle. Interviewing my experts gave me the insight to the job. And I feel that I am very suited to career

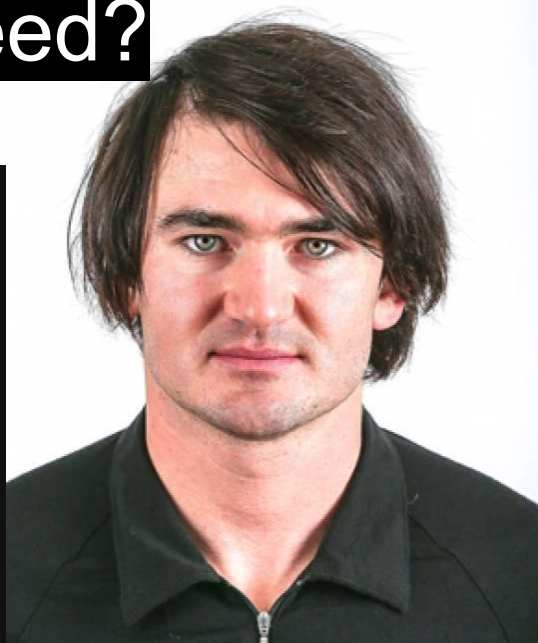
A full-page photograph of a mountain biker in a forest. The rider is wearing a black helmet with a blue visor, a black long-sleeved jersey with white and blue accents, and black pants. They are performing a wheelie, with the front wheel of their black and orange mountain bike lifted high into the air. The bike has a white number plate with the number '6'. The background is a dense forest with many thin trees and green foliage. The text 'WHAT IS AN "ELITE" ATHLETE' is overlaid in white, bold, sans-serif capital letters across the middle of the image.

WHAT IS AN "ELITE" ATHLETE

So I think it a lot more then just getting payed for the risking more for winning. It's a career that if you take care of yourself can be long but if you don't can finish before it has started. I am all for fun and if your not having fun for over 1 month you need change. This is probably one of the funnest jobs I can think of but when it comes to it your need to be able to switch from fun to faster than a gun.



What qualifications do I need?



Yeah, you don't really need any qualifications. But if you don't want to live in your car after you might want to get some stuff under your belt so you can work after easily. And here is what I would like to take. I have hopefully found some accommodation for the first one.



AFTER SCHOOL

TAKE A GAP YEAR TO RACE

STUDY Graduate Diploma in Sport and Exercise HERE IN TOWN

STUDY Graduate Diploma in Human Nutrition
DOWN IN CANTERBURY

Stephanie Martelli
PHOTOGRAPHY

Hopefully take a gap year after school travel and ride in some new places.

1 year for both

Diploma in sports is for coaching after

Diploma In nutrition is to help me with nutrition during racing and maybe work at a cafe as a part time job.


Racing

Raining at national level Top 5

Race U21 EWS to gain experience for pro level

Race Pro EWS till I can very simple



A person wearing a blue shirt, red shorts, and a white helmet with orange accents is riding a red mountain bike on a grassy trail. The background is a blurred green landscape with trees and a fence. The text is overlaid in the center of the image.

What skills and knowledge do I need to gain
through those qualifications?

As most people think just being good at the sport will get you there but, I have found that you need to be extremely strong minded. Blocking out the hate but listen to what people think about you as an athlete and try to be the best person you can. I would like to think I push myself as a person but I know I can do more. Your body starts to tell you to stop at only 40% of your full capacity. Partly to stop you from ripping yourself apart and not stop you from killing yourself and if we used all of our power we would snap our bones. But being mentally fit is at the top of the pile, being fit is straight after that, ADP covers both with character sessions mind over matter stuff. What I want to get from the diploma in sport and rec is the ability to coach to make some money and understand how my body works in stressful situations. The diploma in nutrition is for me and maybe a job in the hospitality industry to make some money on the side of racing.



What do sponsors look for in a person?



onza®



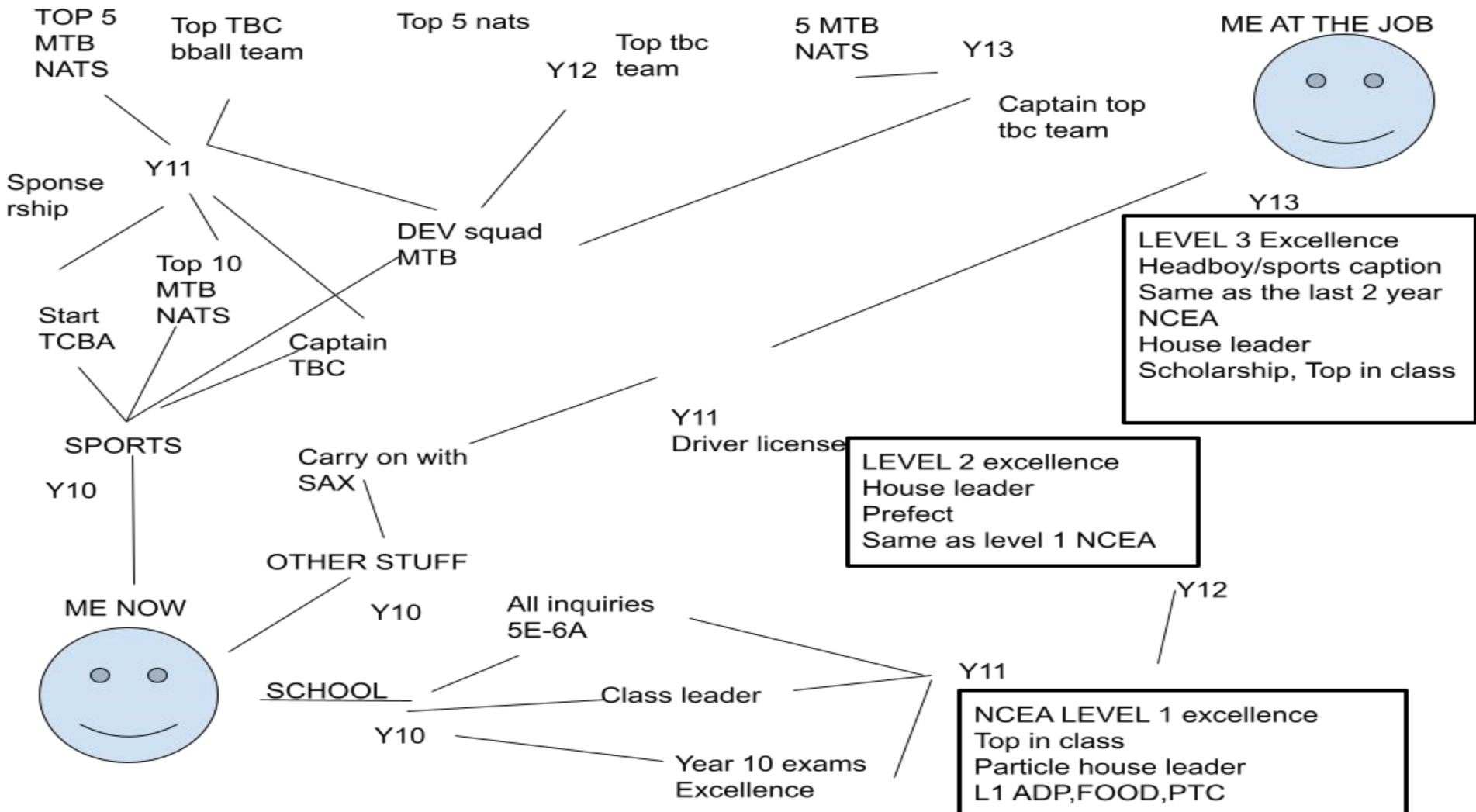
HUNT

As you are going to be the face of the complaint you have to fit the company that are going to be paying you to ride for them. Social-media is also a missive part. People that are coming 90th at world cups are getting paid more than people people come 20th, because they have a bigger impression on the sport. The 2 companies at the bottom of the screen are 2 companies that I am an ambassador for which means I get discounted stuff and in return they get me racing with their products. I have been really lucky that they have wanted people to ride for them at the time I was looking for soe support. I found my expert though HUNT wheels and I have also got the support of Motomuck as well.



HOW AM I GOING TO GET THERE?

MIND MAP



What are the 21st Century skills I need to be successful?



I am not going to talk to u about all of the 21st century skills as that will take for ever and I don't have that time so I will talk to u about the ones that are most inportent to an athlete.

Communication - Talking to people and being confident to talk up in a group environment

This is one of the biggest things in the modern world. If that is talking to someone face to face or texting them, you need to know how to get your point across and make sure that the person that is reading or listening gets it in the same way that you do.

Deliberate steps

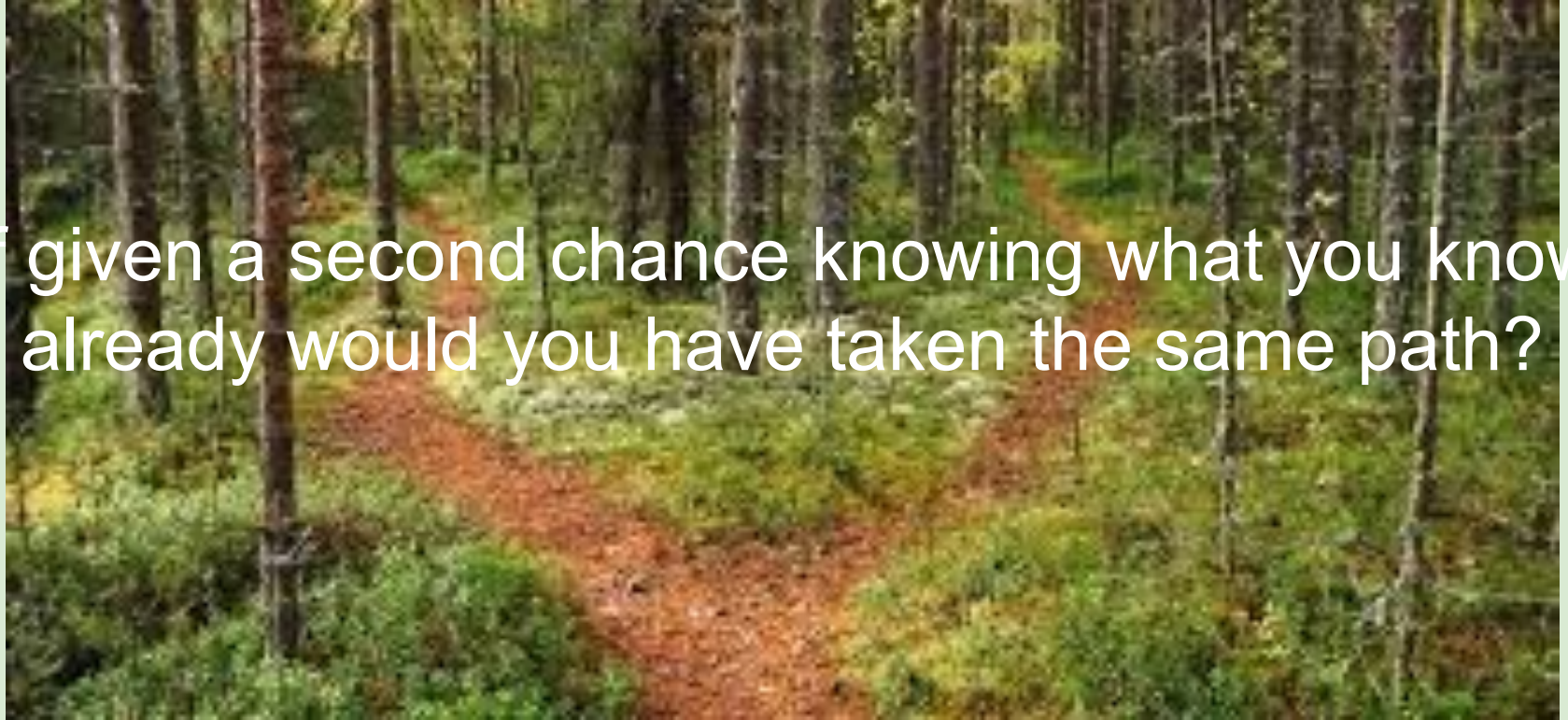
Talking to people face to face. Different topics, and putting myself forward in big groups to let them know what I think. But also listening to people and understanding what they want.

Leadership - Leading a team to a big win, getting a big team to listen to you, but also listen to them and what they. Also people are going to look up to u and you have to do the right thing and lead by example

Deliberate steps

Coaching, Captain of the basketball team. These are 2 of my biggest goals to really develop this skill. People say I am a good leader but I always think that I can do more to improve.

If given a second chance knowing what you know already would you have taken the same path?

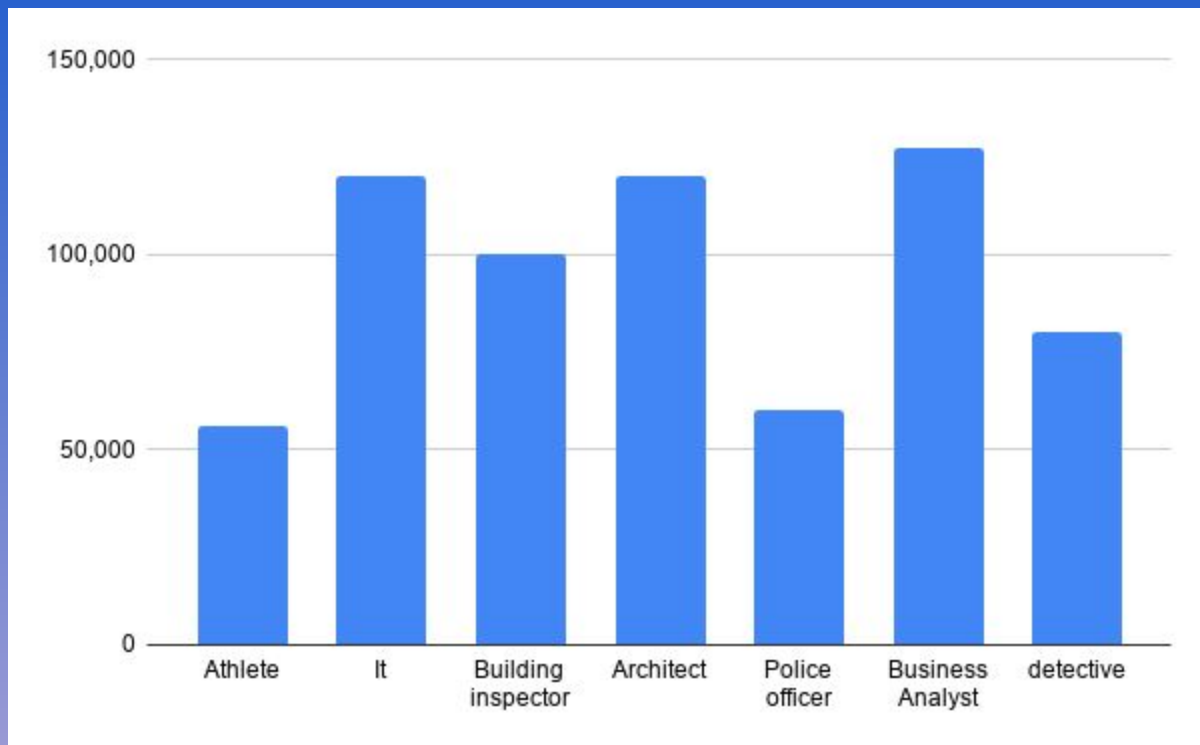


I asked my experts is there was something that they wanted to do before they become an athlete.v They both said that they wanted to be an athlete from around 13-15. Working on the side and after the career. Coaching and teaching, using there passion to make them money.

Is it a good paying profession?



THE MONEY



S1

Not really, but I don't think athletes see it like that, they see it as a dream they get to race and get paid to do so. Everyday is they are doing something they love to do.

S2

Talk about pay 56,000 average and all the way up to arrow gwin on 1 mil

It was very hard to find the pay as it not like the NBA where it is all out there for everyone to see, not even my expert knew what his mate was on, But my expert Matt had my back and said he was on around 46,000 a year from sponsors and prize money so he works for his parents to help them and make some money.

MATT STUTTARD 🧐🏆



HUNT WHEELS 🎯



LYNDON SHEEHAN 🧐🏆



SPECIAL THANKS

PHOTOS

1. Stephanie Martelli Photography
2. EWS
3. Dictionary
4. EWS
5. PINKBIKE Olympics
6. Stephanie Martelli Photography
7. Stephanie Martelli Photography
8. Tauranga Mountain bike club

9. WORLD MAP
10. ME
11. 21st CENTURY
12. pinterest
13. shutterstock
14. ME
15. GIF
16. STUFF SKI HUNT WHEELS MATT RIDING

THANK YOU

THANK YOU

THANK YOU

THANK YOU